

# JUNE PROLOTHERAPY AND REGENERATIVE MEDICINE MASTER CLASS 2023



## **THE EUROPEAN SCHOOL OF PROLOTHERAPY**

HAS ORGANIZED AN INTENSIVE EDUCATIONAL MASTER CLASS PACKAGE  
**3 DAY EDUCATIONAL EVENT IN REGENERATION MEDICINE AND MASTER  
CLASS PROLOTHERAPY**

**June 6<sup>th</sup> - 8<sup>th</sup>, 2023**

This Educational Event will be at the **Aquila Atlantis  
Hotel** in Heraklion, Greece

**Atlantis Hotel Conference Hall**

**Day One:** Clinical Cases Day - Doctors Presenting Clinical Cases  
8:00-19:30

Many physicians will be presenting clinical cases on this day and at the end of each presentation we will have Q&A discussions

I also would like to emphasize in our clinical Q&A discussions, that lively discussions will enhance our clinical understandings - our goals are to work out the best outcomes in our assessments and treatment plans for the patients that we see in our practices.

On **Day One**, we also plan to discuss and share our experiences about clinical cases that have not shown positive results with the use of Prolotherapy. Let's all share our experiences. Let's also debate, understand, and discuss how best to enhance our assessments and treatment plans.

LUNCH EVERY DAY - 13:15-15:00

(We all meet in the Hotel Lobby at 20:20)



**JUNE PROLOTHERAPY AND REGENERATIVE  
MEDICINE MASTER CLASS PROGRAM 2023**

**Doctors Presentations: DAY ONE - JUNE  
6th, 2023**

**8:00 - 8:20, plus 10 minutes for Q&A - until 8:30am**

**Dr. Liza Smigel (USA)- “My Prolotherapy and Neuroprolotherapy Clinical Cases”**

**8:30 - 8:50, plus 10 minutes for Q&A - until 9am**

**Dr. Vikram Rajguru (India)- “My Prolotherapy Clinical Cases in Orthopedic Medicine”**

**9:00 -9:15 plus 5 minutes for Q&A - until 9:20**

**Dr. Bjorn Mulder (Nederlands) - “Clinical Cases in the Nederland’s and my daily protocol.**

**9:20 -9:40 plus 10 minutes for Q&A - until 9:50**

**Dr. Paymen Sadeghi M.D. (USA) - “Using Orthobiologic Solution. Understanding PRP and Stem Cell in Regeneration Medicine**

**9:50-10:35 plus 15 minutes for Q&A - until 10:50**

**Dr. Adrian Gretton M.D. (Canada) - “Shoulder Prolotherapy Assessment and Understanding’s - including clinical cases”**

**10:50 -11:20 plus 10 minutes for Q&A - until 11:30**

**Dr. S. Cavallino (Italy) - “Neuroprolotherapy in Low Back and Hip Pain - Clinical understanding how to improve your clinical outcomes**

**12:00 -12:40** [plus 10 minutes for Q&A - until 12:50](#)

**Dr. J. Beco (Belgium) - “Prolotherapy for Management of Sacroiliac Joint Pain and Pelvic Pain including Obturator and/or Pudendal Neuralgias ”**

**12:50 -13:20** [plus 10 minutes for Q&A - until 13:30](#)

**Pudendal Nerve Treatment Workshop**

**Dr. Beco will demonstrate how to identify the injection points and how to treat the Pudendal Nerve Neuralgias**

**13:30 -15:00**

**LUNCH BREAK IN FANTASTIC GREEK RESTURANT**

**15:00 -15:25** [plus 5 minutes for Q&A - till 15:30](#)

**Dr. S. Cavallino (Italy) - “Emergency Medicine in Prolotherapy”**

**How to manage your patients in case of an emergency**

**15:30 -16:15** [plus 15 minutes for Q&A - till 16:30](#)

**Dr. Adrian Gretton (Canada) - “Scapulo-thoracic dynamics - a closer look at shoulder and spinal issues including fascial injuries”**

**16:30 -16:50** [plus 10 minutes for Q&A - till 17:00](#)

**Dr. Yoon Hyun Yong (South Korea) - “Why Shock Wave Treatment in Regeneration Medicine? - Clinical Cases and Hydrodissection.**

**17:00 -17:20** [plus 5 minutes for Q&A - till 17:25](#)

**Dr Mario Arrica (Italy) “Prolotherapy and Posturology: **A** comprehensive way to treat and understand patients”**

**17:25-17:45** [plus 5 minutes for Q&A - till 17:50](#)

**Dr. Inigo (Spain) “Posterior Knee Pain: differential diagnosis and alternative treatments”**

**17:50 -18:15** [plus 5 minutes for Q&A - till 18:20](#)

**Dr. Larisa (USA) “Anatomy/innervation/ ultrasound guided hydrodissection of the posterior knee joint capsule”**

**18:20 -18:40** [plus 5 minutes for Q&A - till 18:45](#)

**Dr. G. Ridulfo (Italy) “Clinical Prolotherapy Treatment - how and why”**

**18:45 -19:15** [plus 10 minutes for Q&A - till 19:25](#)

**Dr. Andrea Piccozzi (Italy) - “Clinical Cases in my Prolotherapy Practice”**

**19:25 -19:50** [plus 10 minutes for Q&A - till 20:00](#)

# **Dr. David Wang (USA) - “Advanced Clinical Cases in Prolotherapy”**

**DINNER IN FANTASTIC GREEK RESTURANT**

**(We all meet in the Aquila Atlantis Hotel Lobby at 20:20)**

**JUNE PROLOTHERAPY AND REGENERATIVE  
MEDICINE MASTER CLASS 2023**

**Day Two: JUNE 7<sup>th</sup>**

**UPPER EXTREMITY/ CERVICAL SPINE WORKSHOPS**

**8:30-9:30 FUNCTIONAL ANATOMY LECTURE OF THE UPPER EXTREMITY AND CERVICAL SPINE (Dr.Jon Trister)**

**9:30-13:00 MORNING WORKSHOPS (45 min each lab, Shoulder and Elbow)**

**15:00-19:00 AFTERNOON WORKSHOPS (40 min each lab, Cervical Spine, Wrist and Hand)**

- **Advanced Prolotherapy Palpation, Drawing and Injection Lab (Dr.S.Cavallino/ Dr. David Wang)**
- **Shock Wave Therapy Lab in Prolotherapy (Dr. Andrea Piccozzi/Yoon)**

- **Functional Anatomy and Bio-Tensegrity Lab** (Dr. Jon Trister/Adrian)
- **Prolotherapy Ultrasound Guided Injections Lab** (Dr. Yong Yoon/Larisa)
- **Neuroprolotherapy Workshops Drawings and Injection Points** (Dr. Cavallino/Riccio)

## JUNE PROLOTHERAPY AND REGENERATIVE MEDICINE MASTER CLASS 2023

**Day Three: JUNE 8<sup>th</sup>**

**LOWER EXTREMITY/ LUMBAR SACRAL SPINE WORKSHOPS**

**8:30-9:30** **FUNCTIONAL ANATOMY LECTURE OF THE  
LOWER EXTREMITY AND LUMBAR SACRAL SPINE** (Dr. Jon Trister)

**9:30-13:00** **MORNING WORKSHOPS** (45 min each lab, Knee and Foot)

**15:00-19:00** **AFTERNOON WORKSHOPS** (40 min each lab, Lumbar Spine, and Hip)

- **Advanced Prolotherapy Palpation, Drawing's and Injection Lab**  
(Dr. David Wang - Cavallino)
- **Shock Wave Therapy Lab in Prolotherapy** (Dr. Andrea Piccozzi/ Yoon)
- **Functional Anatomy and Bio-Tensegrity Lab** (Dr. Jon Trister/Adrian)

- Prolotherapy Ultrasound Guided Injections Lab (Dr. Yoon/Larisa)
- Neuroprolotherapy Workshops Drawings and Injection Points (Dr. Cavallino/Riccio/Lanza)

**DINNER EVERY DAY AT 20:30**

## **PRACTICAL FUNCTIONAL WORKSHOPS:**

**DAY TWO JUNE 7<sup>th</sup>**

**5 UPPER EXTREMITY/ CERVICAL  
SPINE WORKSHOPS**

- Advanced Prolotherapy Palpation, Drawing and Injection Lab (Dr.S.Cavallino/ Dr. David Wang)
- Shock Wave Therapy Lab in Prolotherapy (Dr. Andrea Piccozzi/Yoon)
- Functional Anatomy and Bio-Tensegrity Lab (Dr.Jon Trister/Adrian)
- Prolotherapy Ultrasound Guided Injections Lab (Dr.Yong Yoon/Larisa)
- Neuroprolotherapy Workshops Drawings and Injection Points (Dr. Cavallino/Riccio/)



## **MORNING SESSION** 45 MINUTES EACH WORKSHOP

### **SHOULDER AND ELBOW**

<b>9:30 - 10:15 Classroom A</b>	<b>Color Code ORANGE</b>
<b>10:15 - 11:00 Classroom B</b>	<b>Color Code GREEN</b>
<b>11:00 - 11:45 Classroom C</b>	<b>Color Code BLUE</b>
<b>11:45 - 12:30 Classroom D</b>	<b>Color Code BLACK</b>
<b>12:30 - 13:15 Classroom E.</b>	<b>Color Code RED</b>

**LUNCH - 13:15-15:00**

## **AFTERNOON SESSION** 40 MINUTES EACH WORKSHOP

### **CERVICAL SPINE, WRIST AND HAND**

<b>15:00 - 15:40 Classroom A</b>	<b>Color Code ORANGE</b>
<b>15:40 - 16:20 Classroom B</b>	<b>Color Code GREEN</b>
<b>16:20 - 17:00 Classroom C</b>	<b>Color Code BLUE</b>
<b>17:00 - 17:40 Classroom D</b>	<b>Color Code BLACK</b>
<b>17:40- 18:20 Classroom E.</b>	<b>Color Code RED</b>

**18:20- 19:20 - PRP - STEM CELL WORKSHOP WITH DR.PAYMEN**

**DINNER 20:30**

**(We all meet in the Hotel Lobby at 20:20)**

# DAY THREE JUNE 8th

## 5 LOWER EXTREMITY/ LUMBAR SACRAL SPINE WORKSHOPS

### MORNING SESSION 45 MINUTES EACH WORKSHOP

KNEE, FOOT AND ANKLE

**9:30 - 10:15 Classroom A**

**Color Code ORANGE**

**10:15 - 11:00 Classroom B**

**Color Code GREEN**

**11:00 - 11:45 Classroom C**

**Color Code BLUE**

**11:45 - 12:30 Classroom D**

**Color Code BLACK**

**12:30 - 13:15 Classroom E.**

**Color Code RED**

LUNCH - 13:15-15:00

### AFTERNOON SESSION 45 MINUTES EACH WORKSHOP

HIP AND LUMBO-SACRAL SPINE

<b>15:00 - 15:45 Classroom A</b>	<b>Color Code ORANGE</b>
<b>15:45 - 16:30 Classroom B</b>	<b>Color Code GREEN</b>
<b>16:30 - 17:15 Classroom C</b>	<b>Color Code BLUE</b>
<b>17:15 - 18:00 Classroom D</b>	<b>Color Code BLACK</b>
<b>18:00- 18:45 Classroom E.</b>	<b>Color Code RED</b>

**DINNER AT 20:30**

**(We all meet in the Hotel Lobby at 20:20)**

## **European School of Prolotherapy**

**To make this Educational Event possible,  
we all need to be together as a team and  
work hard.**

### **Prolotherapy and Regenerative Medicine MasterClass**

Teamwork and sharing our knowledge amongst ourselves will be our objective.

The **Project Package Deal** will cost ONLY **1000 euro** for the 3 full day educational event. The ESP will cover all lunch's and educational costs. All cash payments can be made at workshop event, otherwise, bank transfer should be made.

Dinner is not included

### **European School of Prolotherapy (ESP)**

**BANK:** INTERNATIONAL ASSET BANK – Sofia, Bulgaria

**IBAN:** **BG57IABG74321400355101****SWIFT:** **IABGBGSF**

**Current Faculty Teaching Physicians:**

- Dr. Andrea Piccozzi M.D. (Italy)
- Dr. David Wang D.O. (U.S.A)
- Dr. Stephen Cavallino M.D. (Italy)
- Dr. Adrian Gretton M.D. (Canada)
- Dr. Giuseppe Ridulfo M.D. (Italy)
- Dr. Yoon Hyun Yong M.D. (South Korea)
- Dr. Jon Trister M.D. (U.S.A.)
- Dr. Paymen Sadeghi M.D. (U.S.A.)
- Dr. Liza Smigel M.D. (U.S.A.)

•  
And many other great clinical instructors



Dr. Stephen Cavallino M.D.  
Director of the European School of Prolotherapy